

Executive Function Performance Test

What's the purpose?

The Executive Function Performance Test looks at how well a person can manage everyday activities that require planning, organization and problem-solving. The test is often used with people who have had a stroke or brain injury.

What do I have to do?

The test includes four everyday tasks. You will be asked to:

1. Complete a simple cooking task
2. Use the telephone
3. Manage medications
4. Pay a bill

Your therapist will watch you complete each task and will note how you organize materials, follow instructions and correct mistakes. Your therapist may provide suggestions if needed to help you finish the tasks.



What does my score mean?

Each task on the test is scored based on how much assistance you need to complete it. Lower scores mean you were able to complete the task more independently, while higher scores mean you needed more support or guidance.

- 0 = No help needed
- 1–2 = Minimal assistance
- 3–4 = Moderate assistance (more direct guidance, repeated prompting)
- 5 = The task could not be completed without hands-on help

Higher overall scores could mean that you may need more assistance at home, or may not be able to live alone. Your score can help your care team understand your strengths and where you need more help. This can help guide your goals to improve your independence over time.

Have a conversation with your therapist about what the results mean for you.

To see a full summary of this instrument and more, visit sralab.org/rehabilitation-measures.
Questions? Email rehabmeasures@sralab.org or call 312.238.2802

