

Rivermead Behavioral Memory Test

What's the purpose?

- The Rivermead Behavioral Memory Test helps your therapist see how memory problems may affect your daily life.
- It can show if your memory is getting better or worse over time.
- It's often used for people with brain injuries, Parkinson's disease, and for older adults.
- It takes about 30 minutes to finish.

This test focuses on four key areas important for your memory:



Attention



Thinking



Communication



Ability to understand
what you see

What do I have to do?

- You will do 14 tasks, each one testing a different aspect of your memory.
- Some tasks involve remembering things your therapist tells you, like a name or a short story. Others may ask you to remember a path or repeat a puzzle later in the test.
- For each task, you get a score depending on how well you complete it.

What does my score mean?

The scores for each task are added together to give a total score. The score depends on how well you do the tasks, as well as your age. Generally, scores range from around 70 to 130.

- A score below 70 means you have serious memory problems that make it hard to do everyday tasks.
- Scores between 70 and 84 mean you have some memory problems that may make daily activities a bit harder.
- Scores above 85 mean your memory is working well, and it doesn't cause problems in your daily life.

Talk to your therapist about what the results mean for you.

To see a full summary of this instrument and more, visit sralab.org/rehabilitation-measures.
Questions? Email rehabmeasures@sralab.org or call 312.238.2802

