Choosing a rehabilitation hospital for your loved one’s next level of recovery can be overwhelming. Here are a few things to consider as you review your options.

**Are they a specialty-care hospital?**
The hospital you choose should be ranked and accredited in the field of Physical Medicine & Rehabilitation.

**Do they have significant experience in treating my loved one’s condition?**
The facility should have years and years of experience treating patients and innovating care for someone who is facing a tough recovery.

**Is it a compassionate and inclusive environment?**
Family should always be welcome and encouraged to participate in therapy sessions. The hospital staff should emanate positivity every day.

**Do they have an interdisciplinary team to address all aspects of recovery?**
Doctors, Nurses, Physical Therapists, Occupational Therapists, Speech Therapists, Psychologists and many other supporting team members should be involved in meeting your loved one’s unique needs.

**How will they help prepare us for going home?**
The facility should be equipped with Activity of Daily Living spaces to practice navigating a kitchen, bedroom or bathroom during therapy. Dedicated social workers and discharge planners should be involved in helping obtain equipment and transportation, and with other needs.

**How can they help my family?**
Family education, an on-site library and resource center, and peer mentor programs provide relevant information and support to both families and patients throughout the recovery process.

**Do they have programs for continued care after leaving the hospital?**
Your loved one may require additional therapy after they are discharged. Outpatient and DayRehab programs make sure progress continues with the same level of quality.

**Are they innovative?**
The hospital you choose should be invested in ongoing research, grants and clinical trials to continually evolve and improve therapies for your loved one’s condition.