Community Participation Indicators

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This survey is voluntary. If you choose to participate, your information will be kept private. Your name will never be linked to any of the information you share.

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The statements below describe many of the ways that people participate in society. For each item, tell us:

- 1) How often you do the activity,
- 2) If the activity is important to you, and
- 3) If you feel you are doing the activity enough, too much, or not enough.

1. How often? --> 2. Important? --> 3. Doing enough?

In a typical week, how many days		ays	Days	ays	/S	Is this a importa	ctivity nt to you?	Are you doing this activity:				
In a typical week, how many days do you:	None	1-2 Days	3-4 D	5-6 Days	7 Days	No	Yes	Enough	Enough Not Too Enough Muc			
Get out and about	0	0	0	0	0	0	0	0	0	0		
Spend time with family	0	0	0	0	0	0	0	0	0	0		
Keep in touch with family by phone or Internet	0	0	0	0	0	0	0	0	0	0		
Spend time with friends	0	0	0	0	0	0	0	0	0	0		
Keep in touch with friends by phone or Internet	0	0	0	0	0	0	0	0	0	0		
Go to parties, out to dinner, or other social activities	0	0	0	0	0	0	0	0	0	0		
Spend time with a significant other or intimate partner	0	0	0	0	0	0	0	0	0	0		



Community Participation Indicators

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For each item, tell us:

- 1) How often you do the activity,
- 2) If the activity is important to you, and
- 3) If you feel you are doing the activity enough, too much, or not enough.

1. How often? --> 2. Important? --> 3. Doing enough?

In a typical wook, how many		urs	Hours	Hours	Hours	more	Is this a importa	nctivity nt to you?	Are you doing this activity:			
In a typical week, how many hours do you:	None	1-4 Hours	5-9 Но	10-19	20-34 Hours	35 or n Hours	No	Yes	Enough	Not Enough	Too Much	
Work for money	0	0	0	0	0	0	0	0	0	0	0	
Cook, clean, and look after your home	0	0	0	0	0	0	0	0	0	0	0	
Manage household bills and expenses	0	0	0	0	0	0	0	0	0	0	0	
Look after children or provide care for a loved one	0	0	0	0	0	0	0	0	0	0	0	
Go to classes or participate in learning activities	0	0	0	0	0	0	0	0	0	0	0	
Volunteer	0	0	0	0	0	0	0	0	0	0	0	



Community Participation Indicators

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For each item, tell us:

- 1) How often you do the activity,
- 2) If the activity is important to you, and
- 3) If you feel you are you are doing the activity enough, too much, or not enough.

1. How often? --> 2. Important? --> 3. Doing enough?

In a typical month, how many			nes	sət	sət	More es	Is this a importa	ictivity nt to vou?	Are you doing this activity:		
In a typical month, how many times do you:	None	Once	2 Times	3 Times	4 Times	5 or M Times	No	Yes	Enough	Not Enough	Too Much
Participate in religious or spiritual activities	0	0	0	0	0	0	0	0	0	0	0
Go to support groups or self-help meetings	0	0	0	0	0	0	0	0	0	0	0
Engage in hobbies or leisure activities	0	0	0	0	0	0	0	0	0	0	0
Go to movies, sporting events or entertainment events	0	0	0	0	0	0	0	0	0	0	0
Exercise, participate in sports or active recreation	0	0	0	0	0	0	0	0	0	0	0
Participate in community clubs or organizations	0	0	0	0	0	0	0	0	0	0	0
Participate in civic or political activities	0	0	0	0	0	0	0	0	0	0	0

