



Seeking Research Study Participants: Physical Therapy Patients

Remote Therapeutic Monitoring: Pilot Implementation-Effectiveness Research Study

This research study will explore the feasibility, usability, and efficacy of an online platform to track your exercise progress and communicate with your physical therapist remotely.

Participants in this research study will use their own wearable physical activity tracking devices or will be provided with one. Participation in this study will include:

- Baseline and 6-month Physical Assessments
- Online Surveys (three times)
- Linking your wearable physical activity tracking device to a Remote Therapeutic Monitoring platform
- Communicating with your physical therapist on the phone
- An exit interview to evaluate the program

Participants must meet the following criteria:

- **Be diagnosed with:**
 - Parkinson's disease
 - Multiple Sclerosis
 - Stroke
 - post-COVID
 - Mild TBI/concussion
 - Lower extremity pain
 - Back pain
- **Referred to or participating in outpatient or day rehabilitation physical therapy at Shirley Ryan AbilityLab**
- **Have a smart phone**

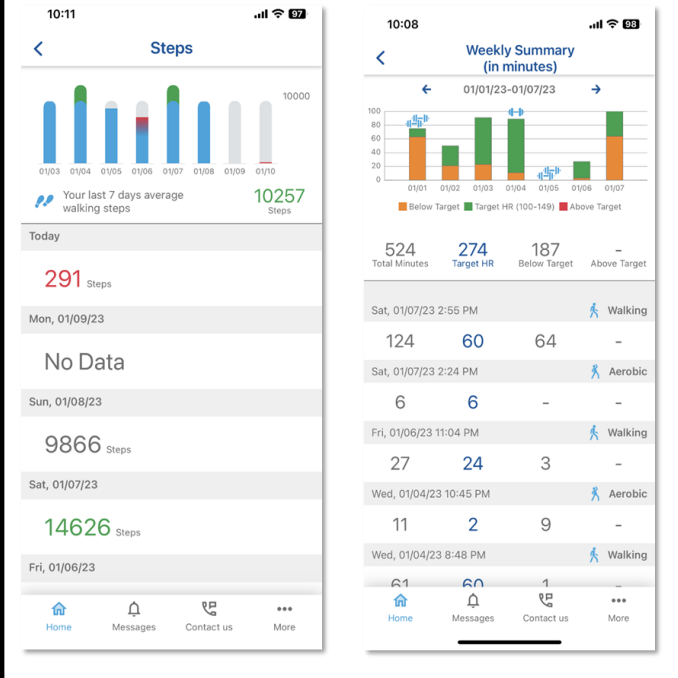
No diagnosis of mild cognitive impairment or dementia

For additional information and to see if you qualify for the study, please contact:

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A. Patient view of steps and weekly workout summary



B. Therapist view of steps and workouts

