

Young Adult Transition Program

Pediatric & Adolescent Rehabilitation

Rehabilitation professionals at the Shirley Ryan AbilityLab are committed to empowering adolescents to become more independent by preparing them for a smooth and successful transition toward the future.

About Our Program

The Transition Program provides skill training for patients. Caregiver education and involvement is also key to the program. The program offers the below classes.

Community Transportation

June 12 – 23

- Trip planning
- Navigating local streets

Money Management

June 26 – July 7

- Identifying money
- Balancing a basic budget

Cooking

July 10–July 21

- Meal planning
- Simple meal preparation

Medical Information and Care

July 24–August 4

- Increasing awareness of medical history/management
- Asking questions at medical appointments

Education and Employment

August 7–August 18

- Learning about the IEP process
- Identifying potential career interest areas
- Learning how to apply/interview for a job

How to get involved?

Request a prescription for a speech therapy evaluation and treatment from your physician. You will need to contact the Pediatric Program to sign up and schedule a Transition Group Speech evaluation. The Young Adult Transition Group is held in person and will include one individual speech and one group session each week. Individual speech sessions will be scheduled according to your preference and group sessions will be held every Thursday.

Participant Requirements

- Must be 13–21 years of age
- independent with toileting or provide caregiver if needed



To sign up, contact
Chris Lau (clau@sralab.org) 312.238.8012 or
Rebecca Wright (rwright03@sralab.org)

Shirley Ryan
Abilitylab®