



The **Henry B. Betts LIFE Center** at the Shirley Ryan AbilityLab provides information, resource assistance, and support for people with various levels of physical functioning and conditions across America and around the globe. It is a multimedia education center and web portal that offers opportunities for **L**earning, **I**nnovation, **F**amily, and **E**mpowerment. The LIFE Center provides assistance to patients, families, and health professionals across the globe to encourage inquiry, promote productivity, and inspire all to achieve their greatest and fullest participation in LIFE.

Located on the Sky Lobby (10th Floor), the LIFE Center offers curated resources including books, magazines, and DVDs and to explore health information on the Internet. The LIFE Center is staffed by knowledgeable educators who assist people in finding information about community services, support groups, government programs, and products especially designed for each individual's specific needs.

The LIFE Center is also available online at www.sralab.org/lifecenter. The virtual LIFE Center provides access to thousands of resources on the following topics:

- Medical Information & Care
- Caregiving & Equipment
- Housing & Transportation
- Education & Employment
- Support & Wellness
- Recreation & Leisure
- Finance & Law
- Inspiration & Hope

Since 1991 *U.S. News & World Report* has ranked the Rehabilitation Institute of Chicago—now the Shirley Ryan AbilityLab-- the “Best Rehabilitation Hospital in America.”

LIFE Center staff are available by **phone or email**.

Hours: Monday – Sunday 9:00 am – 5:00 pm

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