

HANDCYCLE EXPERIENCES

SERVING THOSE WHO HAVE SUSTAINED A SPINAL CORD INJURY

Come join the Shirley Ryan AbilityLab and United Spinal Association for a series of handcycling experiences out on the path! Welcoming youth and adults of all ability levels. Beginners strongly encouraged to attend.

When and Where?

Friday, June 24th
Deer Grove East
1599 N Pepper Tree Dr, Palatine, IL 60074
Grove #2

Friday, July 22nd
Midlothian Meadows
15498 Crawford Ave, Oak Forest, IL 60428
Grove #3

Friday, September 23rd
Miller Meadows
2175 S 1st Ave, Forest Park, IL 60130
Grove #5

Time?

10am-2pm
Session I: 10am-11:30am
Lunch/Group Transition: 11:30am-12:30pm
Session II: 12:30pm-2pm

See back for more details!

Shirley Ryan
Abilitylab



**United Spinal
Association**
Illinois Chapter

Handcycle Experience Series

- Free of cost
- Guests are welcome, limit 2
- Equipment is provided
 - *Or bring your own handcycle/helmet
 - *Helmets mandatory
- Lunch is provided
- Transfer assistance is provided

Registration

Please visit

<https://forms.gle/WzmCKf2dVAddcyidA>

or scan QR code:



SCAN ME

*For questions, contact Demi Madden:
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