

HANDCYCLE EXPERIENCES

SERVING THOSE WHO HAVE SUSTAINED A SPINAL CORD INJURY

*Come join the Shirley Ryan AbilityLab and United Spinal Association
for a series of handcycling experiences out on the path!
Welcoming youth and adults of all ability levels.
Beginners strongly encouraged to attend.*

When and Where?

Friday, June 24th
Deer Grove East
1599 N Pepper Tree Dr, Palatine, IL 60074
Grove #2

Friday, July 22nd
Midlothian Meadows
15498 Crawford Ave, Oak Forest, IL 60428
Grove #3

Friday, September 23rd
Miller Meadows
2175 S 1st Ave, Forest Park, IL 60130
Grove #5

Time?

10am-2pm
Session I: 10am-11:30am
Lunch/Group Transition: 11:30am-12:30pm
Session II: 12:30pm-2pm

See back for more details!

Shirley Ryan
Abilitylab



**United Spinal
Association**
Illinois Chapter

Handcycle Experience Series

- Free of cost
 - Guests are welcome, limit 2
 - Equipment is provided
 - *Or bring your own handcycle/helmet
 - *Helmets mandatory
 - Lunch is provided
 - Transfer assistance is provided
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Registration

Please visit

<https://forms.gle/WzmCKf2dVAddcyidA>

or scan QR code:



SCAN ME

*For questions, contact Demi Madden:
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