

Parkinson's Works

Virtual Peer Support Group and Education Series

Mission Statement, as developed by current group participants: To provide people in the early stages of Parkinson's with a safe environment where the physical, emotional, and cognitive challenges of living and working with PD can be shared with a community of supportive peers.

PURPOSE

The purpose of *Parkinson's Works* is to develop a sense of community among people with PD who share similar experiences in the workplace or job-searching process. The group provides a supportive social-emotional environment in which participants may discuss their experiences and coping strategies for working with PD.

This year, we are excited to add an Education Series in addition to continuing the Peer Support Group. Speakers will join the group to present and answer questions about their field of expertise, as applicable to working people with PD. Guest speakers include experts in employment, disclosure, and ADA rights and regulations.

Parkinson's Works is moderated by a Certified Rehabilitation Counselor who specializes in Vocational Rehabilitation at the Shirley Ryan AbilityLab. Anyone with PD who is currently working or looking for work can participate. The group is conducted via a confidential web-based videoconference platform.

MEETINGS

Second and fourth Friday of each month, 4:40-5:40pm CST



Who can participate?

You can participate in this group if you:

Have Parkinson's disease

Are currently working or looking for work

Have access to internet via computer, phone, tablet, etc.

To register or for more information, please contact Sydney Achler
sachler@sralab.org or (312) 238-7275