

Outpatient and Physician Clinic COVID-19 Precautions



Thank you for choosing Shirley Ryan Ability Lab for your rehabilitation needs. Your safety is our top priority. Please review the following information to understand what to expect when you come for your visit. **Note that masking is required at all times in Shirley Ryan AbilityLab facilities per the CDC's guidelines on healthcare settings, regardless of COVID-19 vaccination status.**

What we are doing to ensure your safety:

- Everyone entering the clinic is asked health-related screening questions and receives a temperature check. Anyone who answers yes to any of the screening questions, or whose temperature is greater than 100 degrees Fahrenheit, will be asked to return home.
- All equipment is cleaned before and after use, as are high-touch surfaces in clinical areas.
- Treatment and waiting areas are organized to facilitate three feet of social distancing between patients.

What we require:

- If you or anyone in your household feels ill, has had a known or suspected COVID-19 exposure, is awaiting a COVID-19 test result or has recently been diagnosed with COVID-19 (within the last 10 days), please alert our clinic and your primary care provider prior to your appointment.
- Once your plan of care has started, if you travel to an international location and you are vaccinated against COVID-19, you do not need to quarantine but you will be required to take a COVID-19 test seven days upon returning home. If you are unvaccinated, you will need to quarantine in Illinois for 14 days before visiting our clinic or obtain a COVID-19 PCR test on or after day seven of returning home. You may resume treatment if a negative result is generated. Documentation should be provided to the clinic manager.
- No visitors are allowed. Exceptions will be made for pediatric patients (one adult visitor; no siblings) or for those requiring assistance or support during visits (depending on patients' specific needs as determined by their clinicians).
- Use the available hand sanitizer stations prior to entry into the waiting room and treatment areas.
- Masking is required at all times in healthcare settings per CDC guidelines, even for those who are vaccinated. Place one of our medical-grade masks over your current mask. We recommend you wear both masks at all times unless you are instructed otherwise by a clinician. If you are unable to tolerate wearing both masks, please find a socially distanced location in which to quickly remove your personal mask and replace it with our medical-grade mask.
- Abstain from wearing gloves, as they collect and transfer germs.

Failure to comply with our policy may result in delay of care.

Thank you for partnering with us to ensure the health and wellness of our community members.

