Shirley Ryan AbilityLab Inpatient Visitor Policy

Inpatients are allowed to have one pre-designated visitor (18+ years old). However, if a visit is not essential, to protect the health of patients, we strongly encourage visitors to connect virtually or via phone instead of in-person. Our staff is prepared to assist patients in setting up video chats and phone calls. Additionally, please note that:

- In certain situations, and based on health and safety considerations, all visitation may be restricted for some patients.
- Exceptions to the one-visitor policy may be made when family members are directed by Shirley Ryan AbilityLab staff to come in for discharge planning and family teaching.
- Visitors must check in on the 10th Floor Sky Lobby upon arrival, and undergo a health screening.
- Visitors must wear our medical-grade mask over their personal one at all times (including when in patient rooms). Those who do not adhere to this policy may be asked to leave.
- Gloves are not allowed to be worn by visitors, as they collect and transfer germs.
- Visitors must stay in patients’ rooms, and avoid public spaces in the units (e.g., Innovation Center Hubs, laundry rooms, etc.) and throughout the building (with the exception of quick trips to the café, which is offering carryout).
- Visitors must not come to Shirley Ryan AbilityLab if they feel ill or have been exposed to someone with known or suspected COVID-19.
- Visitors must comply with Chicago’s Emergency Travel Order (https://www.chicago.gov/city/en/sites/covid-19/home/emergency-travel-order.html) and disclose any travel outside of Illinois or the United States to Shirley Ryan AbilityLab.

Testing Requirement for Out-of-State Visitors

In addition to complying with Chicago’s Emergency Travel Order, any hopeful visitors who relocate to Chicago from another state* during their loved one’s inpatient stay will first need to quarantine in Illinois for seven days and obtain a COVID-19 PCR test following the seven-day period (rapid test results will not be accepted). Visitors should bring negative test results to the hospital’s 10th Floor Sky Lobby, at which point a Shirley Ryan AbilityLab associate will confer with nursing staff to confirm that designated visitor privileges will be granted.

COVID tests may be obtained at any site in Illinois — most require an appointment and personal insurance information. For more information about testing sites, visit dph.illinois.gov/testing and nm.org/locations/immediate-care-streeterville.

*Designated visitors commuting back and forth from a neighboring state (IN, WI, IA, MO, KY) and not staying overnight at Shirley Ryan AbilityLab or in Illinois are exempt from this policy and will not be required to quarantine or test negative for COVID-19.

Your mask must cover your nose, mouth and chin.

As of Feb. 10, 2021