

# Parkinson's Disease: All you ever wanted to know about neuropsychiatric and non-motor issues but were afraid to ask

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## A Patient & Care Partner Education and Support Series on Neuropsychiatric and Non-motor issues

Cognitive, behavior and emotional challenges as well as non-motor symptoms can occur in Parkinson's disease (PD) but are not always discussed at length. Jennifer Goldman, MD, MS and a team of PD experts will lead an exciting and interactive educational and support group program covering an array of topics relevant to neuropsychiatric and non-motor issues in PD. Sessions will feature presentations from our Parkinson's disease care team and guest experts in the field of Movement Disorders.

### **This ten part series will offer monthly:**

- Virtual "live" online webinar sessions on the Saturday dates listed (NEW starting April 4<sup>th</sup>, 2020)
- Options to view the virtual "live" online webinar sessions after the "live" event
- Opportunities to view previously recorded sessions on-demand
- Interactive question and answer sessions for people with PD and care partners
- Opportunities to connect with others in the PD community

### **Details:**

The Parkinson Foundation has provided a generous grant for this educational series and we offer this invaluable program at **no cost to attendees.**

Sessions will last approximately 2 ½ to 3 hours. You can attend sessions "live" online via webinar or view the session videos on-demand, or a combination of both, depending on your schedule/preference. You can reside anywhere and participate.

**Sessions that have already occurred are available via online video for new signups upon registration.**

**All future sessions will take place on the first Saturday of each month from 10:00 AM – 1:00 PM Central Time, with the exception of July 2020, which will take place on July 11. Please see next page for a detailed month-by-month schedule.**

### **How will online participation be structured? Do I need special software?**

Participants may choose to view the sessions "live" online via webinar on the Saturday dates listed or on-demand. Video recordings of each session's presentations will be available online, usually within one week after the live session occurs. Registered participants will be notified via email when each session's online videos and online materials are available. There will be an online form for question submission. Responses to questions by the session presenters will be distributed to all participants. **You will not need specialized software to view the online videos "live" via webinar nor on-demand.**

### **Research Study:**

As part of this activity, you will be asked to participate in a research survey containing questions about your experience attending the sessions and about quality of life and caregiver strain. Participation in the research portion is strictly voluntary, and your care will not be affected by your decision to participate or not. Your responses will be anonymous. Information gathered from the research questions will help inform future educational series and ways to address the needs and interests of the PD community.

<u>Date</u>	<u>Topic</u>	<u>Presenters</u>
<b>November 2, 2019</b>	<b>Interdisciplinary care and building your care team</b>	Jennifer Goldman, MD, MS – Shirley Ryan AbilityLab Hannah Redd, PT, DPT, NCS – Shirley Ryan AbilityLab Darla Freeman, MA, CCC-SLP – Florida Center for Voice and Swallowing
<b>December 7, 2019</b>	<b>Nutrition, Speech, and Swallowing</b>	Santiago Toledo, MD – Shirley Ryan AbilityLab Sabrina Sitkoski, RD, LDN, CSG – Shirley Ryan AbilityLab Treasury Williams, SLPD, CCC-SLP/L – Shirley Ryan AbilityLab
<b>January 4, 2020</b>	<b>Depression &amp; Anxiety</b>	Jennifer Goldman, MD, MS – Shirley Ryan AbilityLab Roseanne Dobkin, PhD – Rutgers University Shannon Kimbrel, PT, DPT, NCS – Shirley Ryan AbilityLab
<b>February 1, 2020</b>	<b>Cognition &amp; Psychosis</b>	Jennifer Goldman, MD, MS – Shirley Ryan AbilityLab Julia Wood, MOT, OTR/L – University of Pennsylvania Cathy O'Connell, RN, BSN – Northwestern
<b>March 7, 2020</b>	<b>Apathy &amp; Fatigue</b>	Priya Mhatre, MD – Shirley Ryan AbilityLab Heidi Richter – Shirley Ryan AbilityLab Linda Rice, PhD – Shirley Ryan AbilityLab
<b>April 4, 2020</b>	<b>Vision</b>	Janet Rucker, MD – NYU Langone Kelsey Watters, OTR/L – Shirley Ryan AbilityLab Shari Marchbanks, PT, DPT, NCS – Shirley Ryan AbilityLab
<b>May 2, 2020</b>	<b>Non-Motor Fluctuations</b>	Danielle Larson, MD – Northwestern Susanna Miranda, DNP, APRN, AGNP-C – Shirley Ryan AbilityLab Elaine Book, MSW, RSW – University of British Columbia
<b>June 6, 2020</b>	<b>Bowel, Bladder &amp; Blood Pressure</b>	Neil Shetty, MD – Northwestern Jessica Connelly, PT, DPT – Shirley Ryan AbilityLab Jenna Iseringhausen, BSN, RN – NYU Langone
<b>July 11, 2020*</b> *note date	<b>Intimacy &amp; Relationships</b>	Nabila Dahodwala, MD, MS – University of Pennsylvania Gila Bronner, MPH, MSW, CST – Sheba Medical Center Elaine Book, MSW, RSW – University of British Columbia
<b>August 1, 2020</b>	<b>Sleep</b>	Santiago Toledo, MD – Shirley Ryan AbilityLab Miriam Rafferty, PT, DTP, PhD – Shirley Ryan AbilityLab Erica Sieg, PsyD – Northwestern

Note – additional speakers and changes may occur

How can I contact the organizer with any questions?

Please contact Doug Merkitch, Clinical Research Coordinator, [dmerkitch@sralab.org](mailto:dmerkitch@sralab.org), 312-238-5911

How can I register?

Please call Doug or fill out the online form by following the link: <https://forms.gle/utXU9RQhbM7t9XK36>