

APHASIA CLASSES

January 9 to April 2, 2020

Registration Form

For more information, call the Center for Aphasia Research and Treatment at 312-238-6163 or

Visit our website: <http://www.sralab.org/aphasia>

Name: _____ Phone: _____ Email: _____

Address: _____

Please circle the classes you would like to attend:

THURSDAY GROUPS	January 9 to April 2, 2020 13 weeks	Cost
AM 10:00 – 11:30 12 th floor	Book Club \$130 “Educated” by Tara Westover Books, audiotapes, chapter summaries, and worksheets provided. We meet weekly to discuss the 1 – 2 chapters that are assigned during the week.	\$ _____
12:30-1:30 12 th floor	Conversation Drop-In \$5 per week Group Or Pay in advance \$60	\$ _____
PM 2:00-3:30 14 th floor	Chair Boxing First 9 weeks \$70 January 9 - March 5 An empowering seated boxing class! This class integrates upper and lower body exercises to help people move better.	\$ _____
	Poker Masters — Texas Hold Em \$30 Second 4 weeks March 12 - April 2 Explore tips and tricks for playing one of the most popular poker games in the world. Beginners to experienced players - this is for everyone.	\$ _____
	DONATION: To support aphasia group activities	\$ _____
	(Payment plans available upon request) TOTAL:	\$ _____

Make checks payable to: Center for Aphasia Research and Treatment
355 East Erie Street, 25th Floor, Chicago, IL 60611



APHASIA COMMUNITY GROUP DESCRIPTIONS



Book Club **Educated** by Tara Westover

This is a memoir of an unusual childhood in remote Idaho. Tara is raised in a mountain home where radical beliefs are held. In the 1980's, her father's ideas aren't acceptable to most people. He purposefully keeps Tara uneducated. This is a story of ingenuity and perseverance in the face of illness, abuse and a trap of ignorance.

"Engaging, entertaining and funny...marvelously optimistic"- the Washington Post.



Conversation Support Group

This is an opportunity to talk about anything you want – politics, sports, movie trivia, living with aphasia, your daily and weekly activities – anything goes! Converse in a supportive environment with others who have aphasia.



Chair Boxing **January 9 to March 5 (First 9 weeks)**

Join us for an empowering seated boxing class! This class integrates upper and lower body exercises to help those with stroke move stronger in everyday activities. Come learn how you can increase your mobility and improve your quality of life through exercise. Think BIG. Move STRONG. Never QUIT!

This class will be co-facilitated by staff from Movement Revolution and a speech-language pathologist.



Poker Masters — Texas Hold Em **March 12 to April 2 (Second 4 weeks)**

Texas Hold Em is one of the most popular poker games in the world. Winning hands involves both luck and skill. Join us as we explore tips and tricks for playing Texas Hold Em. Beginners to experienced players - there is a table for everyone. No cash, just fun.

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