Postural Assessment Scale for Stroke Patients (PASS) Scoring Form

Maintaining a Posture

Give the subject instructions for each item as written below. When scoring the item, record the lowest response category that applies for each item.

1. Sitting Without Support

Examiner: Have the subject sit on a bench/mat without back support and with feet flat on the floor.

___ (3) Can sit for 5 minutes without support
___ (2) Can sit for more than 10 seconds without support
___ (1) Can sit with slight support (for example, by 1 hand)
___ (0) Cannot sit

2. Standing With Support

Examiner: Have the subject stand, providing support as needed. Evaluate only the ability to stand with or without support. Do not consider the quality of the stance.

___ (3) Can stand with support of only 1 hand
___ (2) Can stand with moderate support of 1 person
___ (1) Can stand with strong support of 2 people
___ (0) Cannot stand, even with support

3. Standing Without Support

Examiner: Have the subject stand without support. Evaluate only the ability to stand with or without support. Do not consider the quality of the stance.

___ (3) Can stand without support for more than 1 minute and simultaneously perform arm movements at about shoulder level
___ (2) Can stand without support for 1 minute or stands slightly asymmetrically
___ (1) Can stand without support for 10 seconds or leans heavily on 1 leg
___ (0) Cannot stand without support

4. Standing on Nonparetic Leg

Examiner: Have the subject stand on the nonparetic leg. Evaluate only the ability to bear weight entirely on the nonparetic leg. Do not consider how the subject accomplishes the task.

___ (3) Can stand on nonparetic leg for more than 10 seconds
___ (2) Can stand on nonparetic leg for more than 5 seconds
___ (1) Can stand on nonparetic leg for a few seconds
___ (0) Cannot stand on nonparetic leg
5. Standing on Paretic Leg

Examiner: Have the subject stand on the paretic leg. Evaluate only the ability to bear weight entirely on the paretic leg. Do not consider how the subject accomplishes the task.

___ (3) Can stand on paretic leg for more than 10 seconds
___ (2) Can stand on paretic leg for more than 5 seconds
___ (1) Can stand on paretic leg for a few seconds
___ (0) Cannot stand on paretic leg

Maintaining Posture SUBTOTAL ______
Changing a Posture

6. Supine to Paretic Side Lateral

Examiner: Begin with the subject in supine on a treatment mat. Instruct the subject to roll to the paretic side (lateral movement). Assist as necessary. Evaluate the subject’s performance on the amount of help required. Do not consider the quality of performance.

   ____ (3) Can perform without help
   ____ (2) Can perform with little help
   ____ (1) Can perform with much help
   ____ (0) Cannot perform

7. Supine to Nonparetic Side Lateral

Examiner: Begin with the subject in supine on a treatment mat. Instruct the subject to roll to the nonparetic side (lateral movement). Assist as necessary. Evaluate the subject’s performance on the amount of help required. Do not consider the quality of performance.

   ____ (3) Can perform without help
   ____ (2) Can perform with little help
   ____ (1) Can perform with much help
   ____ (0) Cannot perform

8. Supine to Sitting Up on the Edge of the Mat

Examiner: Begin with the subject in supine on a treatment mat. Instruct the subject to come to sitting on the edge of the mat. Assist as necessary. Evaluate the subject’s performance on the amount of help required. Do not consider the quality of performance.

   ____ (3) Can perform without help
   ____ (2) Can perform with little help
   ____ (1) Can perform with much help
   ____ (0) Cannot perform
9. Sitting on the Edge of the Mat to Supine

Examiner: Begin with the subject sitting on the edge of a treatment mat. Instruct the subject to return to supine. Assist as necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

   ___(3) Can perform without help
   ___(2) Can perform with little help
   ___(1) Can perform with much help
   ___(0) Cannot perform

10. Sitting to Standing Up

Examiner: Begin with the subject sitting on the edge of a treatment mat. Instruct the subject to stand up without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

   ___(3) Can perform without help
   ___(2) Can perform with little help
   ___(1) Can perform with much help
   ___(0) Cannot perform

11. Standing Up to Sitting Down

Examiner: Begin with the subject standing by the edge of a treatment mat. Instruct the subject to sit on edge of mat without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

   ___(3) Can perform without help
   ___(2) Can perform with little help
   ___(1) Can perform with much help
   ___(0) Cannot perform

12. Standing, Picking Up a Pencil from the Floor

Examiner: Begin with the subject standing. Instruct the subject to pick up a pencil from the floor without support. Assist if necessary. Evaluate the subject's performance on the amount of help required. Do not consider the quality of performance.

   ___(3) Can perform without help
   ___(2) Can perform with little help
   ___(1) Can perform with much help
   ___(0) Cannot perform

Changing Posture SUBTOTAL _______ TOTAL _______