

Patient Competency Rating (Patient's Form)

Source: Prigatano, G. P. and Others (1986). *Neuropsychological Rehabilitation After Brain Injury*. Baltimore: Johns Hopkins University Press.

Identifying Information

Patient's Name: _____

Date: _____

Instructions

The following is a questionnaire that asks you to judge your ability to do a variety of very practical skills. Some of the questions may not apply directly to things you often do, but you are asked to complete each question as if it were something you "had to do." On each question, you should judge how easy or difficult a particular activity is for you and mark the appropriate space.

Competency Rating

1	2	3	4	5
Can't do	Very difficult to do	Can do with some difficulty	Fairly easy to do	Can do with ease

- _____ 1. How much of a problem do I have in preparing my own meals?
- _____ 2. How much of a problem do I have in dressing myself?
- _____ 3. How much of a problem do I have in taking care of my personal hygiene?
- _____ 4. How much of a problem do I have in washing the dishes?
- _____ 5. How much of a problem do I have in doing the laundry?
- _____ 6. How much of a problem do I have in taking care of my finances?
- _____ 7. How much of a problem do I have in keeping appointments on time?

1	2	3	4	5
Can't do	Very difficult to do	Can do with some difficulty	Fairly easy to do	Can do with ease

- _____ 8. How much of a problem do I have in starting conversation in a group?
- _____ 9. How much of a problem do I have in staying involved in work activities even when bored or tired?
- _____ 10. How much of a problem do I have in remembering what I had for dinner last night?
- _____ 11. How much of a problem do I have in remembering names of people I see often?
- _____ 12. How much of a problem do I have in remembering my daily schedule?
- _____ 13. How much of a problem do I have in remembering important things I must do?
- _____ 14. How much of a problem would I have driving a car if I had to?
- _____ 15. How much of a problem do I have in getting help when I'm confused?
- _____ 16. How much of a problem do I have in adjusting to unexpected changes?
- _____ 17. How much of a problem do I have in handling arguments with people I know well?
- _____ 18. How much of a problem do I have in accepting criticism from other people?
- _____ 19. How much of a problem do I have in controlling crying?
- _____ 20. How much of a problem do I have in acting appropriately when I'm around friends?
- _____ 21. How much of a problem do I have in showing affection to people?
- _____ 22. How much of a problem do I have in participating in group activities?

1
Can't do

2
Very difficult
to do

3
Can do with
some difficulty

4
Fairly easy
to do

5
Can do with
ease

- _____ 23. How much of a problem do I have in recognizing when something I say or do has upset someone else?
- _____ 24. How much of a problem do I have in scheduling daily activities?
- _____ 25. How much of a problem do I have in understanding new instructions?
- _____ 26. How much of a problem do I have in consistently meeting my daily responsibilities?
- _____ 27. How much of a problem do I have in controlling my temper when something upsets me?
- _____ 28. How much of a problem do I have in keeping from being depressed?
- _____ 29. How much of a problem do I have in keeping my emotions from affecting my ability to go about the day's activities?
- _____ 30. How much of a problem do I have in controlling my laughter?