FABS/M (Gray, Hollingsworth et al. 2008)

Domain One: Primary Mobility Device
Please check one of the following mobility devices that you most often use when you participate in community activities.
☐ Manual wheelchair ☐ Cane ☐ Other device
□ Power wheelchair □ Crutches □ Other device
□ Scooter □ Walker □ Do not use any type of mobility device*
Mobility Device Make Year Purchased
How often do you use this device participating in your community?
□ Always □ Often □ Some □ Never
How does it influence your participation in community activities?
☐ Helps a lot ☐ Helps some ☐ Limits some ☐ Limits a lot
Domain Two: Home Built Features (12 features)
In your home, do the following influence your participation in activities?
Environmental Feature (Stairs, carpet, doors, hardwood floors, ramps, room temperature and handrails)
☐ Yes ☐ How much? ☐ Helps a lot ☐ Helps some ☐ Limits some ☐ Limits a lot
How often? ☐ Daily ☐ Weekly ☐ Monthly ☐ Less than monthly
□ No □ do not influence participation or □ N/A□ do not have them in my home (Go to next question)
Domain Three: Community Built and Natural Features (14 features – 8 built and 6 natural features)
Built features: gravel, paved surfaces, curb cuts, ramps, automatic doors, elevators, escalators and specialized equipment
Natural features: summer weather, winter weather, rain, flat terrain, crowds and noise
In your community, do the following influence your participation in activities?
☐ Yes ☐ How much? ☐ Helps a lot ☐ Helps some ☐ Limits some ☐ Limits a lot
How often? □ Daily □ Weekly □ Monthly □ Less than monthly
□ No □ do not influence participation or □ N/A□ do not have them in my community (Go to next question)
Domain Four: Community Destination Access (13 sites)
How does the accessibility of (the site) influence your participation in daily activities?
☐ Helps a lot ☐ Helps some ☐ Has no effect ☐ Limits some ☐ Limits a lot
Is access limited at (one of the 13 community sites) by ? ☐ None ☐ Not limited
□ Physical structure □ Parking
Domain Five: Community Facilities Access Domain
Restrooms Accessibility (8 community sites)
How accessible are restrooms in (restaurant, hotel, library, airport, mall, theater, fast food, sports arena)
☐ Very accessible ☐ Somewhat accessible ☐ Not accessible ☐ Don't know ☐ Not applicable
Transportation Accessibility (6 types of transportation)
How accessible are the following types of transportation (car, taxi, Paratransit, public-bus/rail, and airline)
☐ Not accessible ☐ Somewhat accessible ☐ Very accessible ☐ Don't know ☐ Not applicable
Domain Six: Community Support Network (9 sites: doctor, therapists, paid personal attendants, special equipment repairs personnel, store clerks,
strangers, peers, friends, family)
How often do you go to?
☐ More than twice a week ☐ Once or twice a month ☐ Rarely ☐ Once or twice a week ☐ Once or twice a year
□ Never (Go to next question)
How does the care you receive influence your participation in daily activities?
☐ Help a lot ☐ Help some ☐ Have no effect ☐ Limit some ☐ Limit a lot
How do the attitudes of doctors influence your use of health care services?
☐ Help a lot ☐ Help some ☐ Have no effect ☐ Limit some ☐ Limit a lot

Gray, D. B., Hollingsworth, H. H., et al. (2008). "A subjective measure of environmental facilitators and barriers to participation for people with mobility limitations." <u>Disability & Rehabilitation</u> **30**(6): 434-457. Find it on PubMed