

## **APPENDIX I**

### **PARTICIPATION OBJECTIVE, PARTICIPATION SUBJECTIVE**

#### **Instrument Description**

##### **Pattern of Questions:**

Within each of the five sub-scales (Domestic Life; Major Life Areas; Transportation; Interpersonal Interactions and Relationships; and Community, Recreational and Civic Life), a “participation objective (PO)” stem question (see PO Stem Questions, below) is asked with respect to each activity (e.g., How often do you do \_\_\_\_ in a typical \_\_\_\_?). The period specified is either a week or month, depending on the activity.

The interviewer records the frequency/duration and the adopted base period. The computer algorithm for calculating PO sub-scale scores is used for “translating” the respective base periods to a single standard. Because this “translation” requires entering all the base periods, users may want to do such “translating” in data processing prior to data entry.

Missing values for the base period are recorded as value 9 (missing). If the base period is missing, a PO score for the item in question cannot be calculated. Missing information for the PO items is coded as 9 (items 1 through 8) or 999 (items 9 through 26). Not applicable is coded as 7 (items 1 through 8).

After the PO stem question is asked and the objective response is recorded, the following two “participation subjective (PS)” questions are asked for each activity (these questions are asked even if the person indicates zero activity, but are not asked for a “not applicable” response to a PO stem question):

a. Would you say the amount you engage in \_\_\_\_ is satisfactory for you? Or, would you like to be doing more or less than you are doing now? (“Desired Activity Level” is coded More=1, Less=2, Same=3, Not applicable=7, Don’t know=9)

b. How important is \_\_\_\_ to your satisfaction with life? Would you say it is one of the most important things to you, very important, moderately important, a little bit important or not at all important to how you feel about your life? (“How Important” is coded Most=4, Very=3, Moderate=2, Little=1, Not=0, Not applicable=7, Don’t know=9)

##### **Sub-scales, PO Stem Questions and Activities**

###### **Sub-scale 1. DOMESTIC LIFE**

PO Stem Question: In a typical week, do you do all, most, some or none of \_\_\_\_\_ that occurs in the household?

1. Shopping for groceries, drugs and other necessities
2. Preparing meals, cooking
3. Cleaning the house
4. Caring for and supervising children and dependent adults
5. Making social arrangements, such as get-togethers and parties
6. Paying bills, balancing the checkbook, banking
7. Doing home repairs
8. Doing yard work

Subscale 2. MAJOR LIFE AREAS

PO Stem Question: How many hours in a typical week/month do you . . . ?

- 9. Work for pay W
- 10. Go to school, training program, study W
- 11. Do volunteer work M

Subscale 3. TRANSPORTATION

PO Stem Question: How many hours in a typical day do you . . . ?

- 12. Drive or ride in a car D
- 13. Ride in buses, taxis, or other public transport D

Sub-scale 4. INTERPERSONAL INTERACTIONS AND RELATIONSHIPS

PO Stem question: How many times in a typical week/month do you . . . ?

- 14. Socialize with friends, by phone or at home W
- 15. Socialize with relatives, by phone or at home W
- 16. Socialize with schoolmates, co-workers and the like by phone or at work/school W
- 17. Go out to visit friends or family, social events and occasions W
- 18. Engage in sex M
- 19. Go to places where you might meet new people W
- 20. Speak with your neighbors W
- 21. Start a conversation or speak with strangers (for example, order a meal or ask for directions)  
W

Subscale 5. COMMUNITY, RECREATIONAL AND CIVIC LIFE

PO Stem Question: How many times in a typical week/month do you . . . ?

- 22. Go to the movies M
- 23. Eat in restaurants W
- 24. Go shopping M
- 25. Attend religious services or church social events W
- 26. Attend sports events as a spectator M