

Parkinson's Works

Join us for a free, virtual Peer Support Group for people with Parkinson's disease seeking counsel and/or community support as you navigate, looking for work, or work-life balance.

PURPOSE

The purpose of the "Parkinson's Works" Peer Support Group is to develop a sense of community among people with Parkinson's who may share similar experiences in the workplace or job-searching process. The group's mission is to provide a safe environment where the physical, emotional, and cognitive challenges of living and working with Parkinson's can be shared with a community of supportive peers with early-stage PD.

These Peer Support Groups are moderated by a Certified Rehabilitation Counselor who specializes in Vocational Rehabilitation at the Shirley Ryan AbilityLab. The group is conducted via a confidential web-based videoconference platform.

MEETINGS

The Group meets twice per month, on the 1st and 3rd Fridays of each month from 4:40pm-5:40pm CST. Guest discussants will be present approximately bi-monthly. Refer to the following dates from September 2023 to August 2024:

| End of 2023 | Beginning of 2024 |
|------------------------------------------------------|-----------------------------------------------------|
| September: 1 st & 15 th | January: 5 th & 19 th |
| October: 6 th & 20 th | February: 2 nd & 16 th |
| November: 3 rd & 17 th | March: 1 st & 15 th |
| December: 1 st & 15 th | April: 5 th & 19 th |
| | May: 3 rd & 17 th |
| | June: 7 th & 21 st |
| | July: 19 th |
| | August: 2 nd & 16 th |

Who can participate?

You can participate in this group if you:

- Live in the United States
- Have Parkinson's disease
- Are currently working or looking for work
- Have access to internet via computer, phone, tablet, etc.

To register or for more information, please contact Paulo Aco
paco@sralab.org or (312) 238-7275